



Dr. Paul Kasenene is a medical doctor and a certified functional medicine practitioner specialising in nutrition, functional and lifestyle Medicine. He is also a wellness expert with a passion for helping people achieve optimal health and wellbeing through natural, dietary & lifestyle methods.

He specifically has a strong belief that superior nutrition can support your body to be well and heal itself of illness and disease without or with minimal need for medicine and drugs.

Dr Kasenene has over 8 years' experience in the wellness and integrative health industry during which time he has helped many of his clients reverse chronic disease, lose weight and restore their health.

He is an author and has written a book Eat Your Way to Wellness that can help anyone seeking to transform their health and weight through healthy eating.

For more information on Dr. Kasenene & his services please visit the company website at www.drkasenene.com or get in touch on +256701450450